

# THE GENERALIST



## Rural Generalist Update

Our Medical Education Officers have been busy linking you with your respective DCT's and hope that you have been able to connect to discuss your training pathways. If you are yet to meet your DCT, please let us know and we can help arrange a meeting.

In exciting news, we are proud to announce two upcoming courses open to all Rural Generalist trainees.

- **Career Planning Workshop** presented by Dr Ashe Coxon – a General Practitioner, career counsellor and the founder of Medical Career Planning.  
Keep an eye on your email for further info!
- **Foundations for Leadership** presented by Ian Crosby - a consultant for PDT specialising in organisational and individual development with a focus on communication, team building, stress management and conflict management.  
Feedback from junior doctors who participated in previous leadership courses commented that the course is very beneficial and applies to real-life situations in the workplace

These courses have been extremely sought after in the past and we recommend signing up ASAP as numbers may be limited. Check your inbox for more information and registration information!

What's next for you? Ideally you've had a chance to consider your plans for next year and have started any relevant applications – if you're feeling stuck or overwhelmed please get in touch with your DCT or the Co-ordination unit.

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rural  
generalist  
pathway

# Dr Adam Bancroft

## How long have you worked in regional healthcare and where have you worked?

I've spent the last 14 years working as a Rural Generalist primarily based in Margaret River doing a combination of Emergency, Inpatient care and Anaesthetics along with working in a local General Practice. I have also worked at Busselton Hospital Emergency Department over the same period and have greatly enjoyed several locum placements to the Kimberley

## What do you like most about being a rural generalist?

Being a Rural GP provides the amazing opportunity to provide continuity of care for patients and their families between the community and hospital setting over the duration of their life. You are seen and respected as a valued part of a community. The variety of work roles also ensures that every day at work is both challenging and interesting.

## What do you do in your spare time?

I am blessed to live in an amazing region and have so many opportunities. I try to get out to surf, mountain bike or run trails in the forests as often as I can. And when I get a day off in the week I try to sneak off with my wife to one of the wineries for lunch as weekends are usually taken up with kids sports and activities.

## What does a typical day look like for you?

I don't really have a "typical day". Most days of the week are different depending on where I am working. The hardest thing is remembering where I suppose to be for that day!

## What is the best career advice you have ever received?

I've been lucky to have some wonderful mentors over the years. The best advice wasn't something said but more done.

I did a medical student attachment with a wonderful rural GP 25 years ago who showed me the value of the role, the variety of interesting work and I was amazed by how patients and staff were so grateful for his help and his attitude. He always was kind, modest and compassionate and people smiled and said hi everywhere we went. Prior to this rotation I had just finished a surgical term in a big metropolitan hospital where the experience was quite the opposite.

He was the reason I went to the country and I have tried my best to emulate him over the years.



## PROSTART

THINKING ABOUT A CAREER AS A GP  
ANAESTHETIST?

The Pro Start Anaesthetics program can help you gain important background knowledge and skills that can also be applied to other areas such as obstetric and emergency medicine.

Successful completion of the program satisfies the core clinical training anaesthetic requirements for candidates undertaking FACRRM.

To find out more, see [Modmed institute](https://www.modmedinstitute.com.au)

# Upcoming Events via RHW

## Dealing with depression in Rural Australia Albany 28th August 2021

Dealing with Depression in Rural Australia is a highly interactive, multidisciplinary program developed specifically to address the needs of clinicians delivering health care for people presenting with depression in a rural setting.

Using a case-based problem solving format, the program outlines a practical framework for assessment and management planning readily applicable to primary care.

(Suitable for GP Registrars, GPs)

[More Information](#)

## General Practice Conference and Exhibition 28th - 29th August 2021

Choose from a range of 40-point sessions and a wide range of other education sessions and masterclasses that will give you the skills needed to manage the growing burden of chronic disease in general practice.

[More Information](#)

## GP21

### 10th - 12th September 2021

With a huge variety of clinical update sessions and an extensive range of research education, come away feeling inspired and refreshed with new ideas to incorporate into your daily work.

[More Information](#)

## Rural & Remote Health Scientific Symposium October 6-7 2021



[More Information](#)

DON'T MISS IT! DR KAREN PITMAN DISCUSSES  
THE ROLLOUT OF THE NATIONAL RURAL  
GENERALIST PATHWAY IN THE MARCH ISSUE OF  
RURAL HEALTH MATTERS



## KEY DATES

2022 Applications for  
Rural Generalist Pathway

16 August – 17 September 2021

Final intake 2022 for ACCRM opens  
10am AEST Monday 9 August 2021

Final intake 2022 for AGPT opens  
Monday 30 August 2021

Foundations for Leadership  
applications close  
Wednesday 1 September